The Listening Process

- 1. Listening begins with an attitude of mindfulness. . .
- 2. Hear or physically receive audio signals. . .
- 3. Select the aspects of noise and messages to perceive. . .
- 4. Organize the sounds we have received. . .
- 5. Interpret

Some communication scholars add two other dimensions.

- 6. Responding--verbally and/or nonverbally.
- 7. And remembering.

The Chinese characters that make up the verb "to listen" tell us something significant about this skill.



Calligraphy by Angie Au.

(summarized from Julia T. Wood's <u>But I Thought You Meant: Misunderstandings in Human Communication</u>. Mountain View, CA: Mayfield Publishing, 1998. 66-69.)