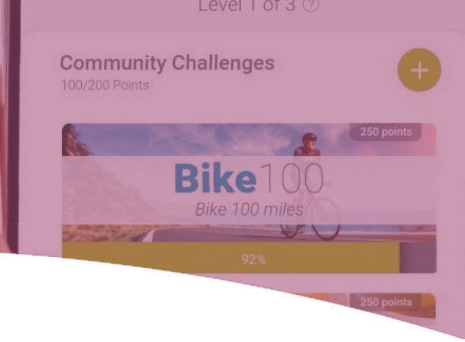


ACCOUNT SETUP



Complete your account setup

After registration, complete the steps below to setup your account and sign up for challenges. Track your progress through the website, mobile app, fitness devices and text tracking.

STEP 1



Web

- 1 Log in to view available challenges
- 2 Hover over a challenge and click the "i" icon to learn more
- 3 Track a challenge by hovering over it , clicking "Track"

STEP 2



Mobile App

- 1 Download the WellRight app in the Apple or Google Play store
- 2 Click on existing challenge tiles or click on the "+" icon to add a personal challenge.
- 3 Track a challenge by tapping on it and clicking on "Track"

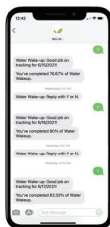
STEP 3



Device Setup

- 1 On the home page, go to the Device Menu
- 2 Select your device
- 3 Sign in to grant access
- 4 WellRight can now automatically track progress for you

STEP 4



Text Reminders

- 1 Add your mobile number to your account homepage
- 2 Hover over a challenge and click "i" to set your text reminders
- 3 Reply to the text to track your progress