

# COMMUNITY CRISIS RESOURCES

**We acknowledge the current state of the world may make already difficult situations feel much harder to cope with or manage. In an effort to continue providing support, the list below contains multiple crisis resources available via phone, text, or online.**

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- DePauw Counseling Services
  - 765-658-4268, 24/7 mental health emergency/crisis support through Mantra Health
- National Suicide Prevention Lifeline
  - Call: 988
  - Text: CONNECT to 741741
- Crisis Line for Young People of Color
  - Text: STEVE to 741741
- Crisis Line for LGBTQIA+
  - TrevorLifeline: 1-866-488-7386
  - TrevorChat: <https://www.thetrevorproject.org/get-help-now/>
  - TrevorText: Text START to 678678
- National Sexual Assault Hotline
  - 1-800-656-HOPE (4673)
  - Online Chat: [rainn.org](http://rainn.org)
- Substance Abuse & Mental Health Services Administration Helpline
  - 1-800-662-HELP (4357)
  - [samhsa.gov](http://samhsa.gov)