

ONLINE MENTAL HEALTH RESOURCES

Active Minds

<http://activeminds.org/>

The JED Foundation

<https://jedfoundation.org/mental-health-resource-center/>

Substance Abuse and Mental Health

Administration Services (SAMHSA)

<https://seizetheawkward.org/coronavirus>

Mental Health America

<https://www.mhanational.org/>

National Alliance on Mental Illness

nami.org

The Steve Fund

stevefund.org

The Trevor Project

thetrevorproject.org

Mind, Body, & Sport: Best Practices for

Athletics Departments

<https://www.ncaa.org/sports/2014/11/10/mind-body-and-sport-best-practices-for-athletics-departments.aspx>